

# *Studies in Ephesians*

## Chapter 5

### **Ephesians 4:30**

Do not grieve the holy spirit of God, by which you were **sealed** for the day of redemption.

## **Ephesians 1:13-14**

In Him, you also, after listening to the message of truth, the gospel of your salvation – having also believed, you were **sealed** in Him with the holy spirit of promise, which is given as a seal of our inheritance, with a view to the redemption of God's own possession, to the praise of His glory.

## **Genesis 17:11**

“And you shall be circumcised in the flesh of your foreskin, and it shall be the **sign** of the covenant between Me and you.”

## **Romans 4:11**

And [Abraham] received the sign of circumcision, a **seal** of the righteousness of the faith which he had while uncircumcised...

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**Circumcision  
of the Flesh**

A seal for  
**Abraham's  
Children**

**Circumcision  
of the Heart**

A seal for  
**ALL**

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אור

"Light"

עור

"Skin"

### **Psalm 104:1-2**

Bless Adonai, O my soul! Adonai my God, You are very great. You are clothed with splendor and majesty, **covering Yourself with light as with a garment**, stretching out heaven like a curtain.

## **LIGHT in Ephesians:**

1. You are **light**
  2. So, walk as children of **light**
  3. The fruit of **light** is found in all that is...
    - a. Good
    - b. Right
    - c. True
  4. **Light** exposes and makes visible
  5. Anything that makes visible IS **light**.
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## **Biblical Self-Esteem:**

- Nourishes himself
- Protects himself



Authority





**The Accolade**  
(*Edmond Leighton*)