

Studies in Ephesians

Chapter 5

Ephesians 4:30

Do not grieve the holy spirit of God, by which you were **sealed** for the day of redemption.

Ephesians 1:13-14

In Him, you also, after listening to the message of truth, the gospel of your salvation – having also believed, you were **sealed** in Him with the holy spirit of promise, which is given as a seal of our inheritance, with a view to the redemption of God's own possession, to the praise of His glory.

Genesis 17:11

“And you shall be circumcised in the flesh of your foreskin, and it shall be the **sign** of the covenant between Me and you.”

Romans 4:11

And [Abraham] received the sign of circumcision, a **seal** of the righteousness of the faith which he had while uncircumcised...

Circumcision of the Flesh

A seal for
Abraham's
Children

Circumcision of the Heart

A seal for
ALL

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עור

"Light"

"Skin"

Psalm 104:1-2

Bless Adonai, O my soul! Adonai my God, You are very great. You are clothed with splendor and majesty, **covering Yourself with light as with a garment**, stretching out heaven like a curtain.

LIGHT in Ephesians:

1. You are **light**
2. So, walk as children of **light**
3. The fruit of **light** is found in all that is...
 - a. Good
 - b. Right
 - c. True
4. **Light** exposes and makes visible
5. Anything that makes visible IS **light**.

Biblical Self-Esteem:

- Nourishes himself
- Protects himself





The Accolade

(Edmond Leighton)