

Counting the Omer 2025

Biblical days begin on the evening of the indicated Gregorian days.
The omer count begins Sunday evening, April 13. Shavuot begins Sunday evening, June 1.

SUN	MON	TUE	WED	THU	FRI	SAT
Apr 13 Firstfruits Omer 1 (evening)	14 Omer 2	15 Omer 3	16 Omer 4	17 Omer 5	18 Pesach 7 Feast of Messiah Omer 6	19 Omer 7
20 Omer 8	21 Omer 9	22 Omer 10	23 Omer 11	24 Omer 12	25 Omer 13	26 Omer 14
27 Rosh Chodesh Iyar Omer 15	28 Omer 16	29 Omer 17	30 Omer 18	May 1 Omer 19	2 Omer 20	3 Omer 21
4 Omer 22	5 Omer 23	6 Omer 24	7 Omer 25	8 Omer 26	9 Omer 27	10 Omer 28
11 Omer 29	12 Omer 30	13 Omer 31	14 Omer 32	15 Lag B'Omer Omer 33	16 Omer 34	17 Omer 35
18 Omer 36	19 Omer 37	20 Omer 38	21 Omer 39	22 Omer 40	23 Omer 41	24 Omer 42
25 Omer 43	26 Omer 44	27 Rosh Chodesh Sivan Omer 45	28 Omer 46	29 Omer 47	30 Omer 48	31 Omer 49

June 1
Shavuot
Omer 50

Blessings

Suggested for Firstfruits:

“Blessed be the God and Father of our Lord Yeshua the Messiah! According to His great mercy, He has caused us to be born again to a living hope through the resurrection of Yeshua the Messiah from the dead, to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who by God's power are being guarded through faith for a salvation ready to be revealed in the last time.” — 1 Peter 1:3-5

Omer Blessings:

Traditionally, each evening when we count the *omer* we make a blessing as follows:

*Blessed are You Adonai, our God, King of the universe,
Who has sanctified us with His commandments
and has commanded us regarding the counting of the Omer.*

Then we insert the number of the day:

*Today is the _____ day of the omer. The Compassionate One!
May He return for us the service of the Temple to its place, speedily in our days. Amen.*

Then we conclude by reading Psalm 67 (the “Menorah Psalm”).

“May God be gracious to us and bless us and make His face to shine upon us, Selah that Your way may be known on earth, Your saving power among all nations. Let the peoples praise You, O God; let all the peoples praise You! Let the nations be glad and sing for joy, for You judge the peoples with equity and guide the nations upon earth. Selah Let the peoples praise You, O God; let all the peoples praise You! The earth has yielded its increase; God, our God, shall bless us. God shall bless us; let all the ends of the earth fear Him!”

Rosh Chodesh Blessings:

Sanctification of the Month

May it be Your will, LORD, our God and God of our fathers, that You begin for us this month for good and for blessing. May You give to us long life, a life of peace, a life of goodness, a life of blessing, a life of sustenance, a life of physical health, a life in which there is fear of heaven and fear of sin, a life in which there is no shame or humiliation, a life of wealth and honor, a life in which we love Torah and fear God, a life in which the LORD fulfills the requests of our hearts for good. Amen. Selah.

Rosh Chodesh Blessing

(while looking at the moon)

*May it be Your will, LORD, our God and God of our fathers,
that You renew for us a good month in our Lord Yeshua the Messiah. Amen.*